“APROVED”

Chief of Department Obstetrics and Gynecology,

University Professor, **Valentin Friptu**

**Practical skills and basic procedures in obstetrics and gynecology**

1. Fundal height measurement

2. Performing external pelvimetry

3. Performing internal pelvimetry

4. Leopold Maneouvers

5. Fetal heart rate auscultation

6. Speculum exam of the cervix and vagina

7. Bimanual vaginal exam

8. Delivery maneuvers in occipital presentation (fetal expulsion)

9. Active management of the third period of labour

10. Manual removal of placenta

11. Collection of vaginal secretions for stained bacterioscopic exam

12. Conventional Pap smear technique

13. Liquid-based cervical cytology (Pap smear) technique.

14. Paracervical block

15. Bladder catheterization – Foley catheter insertion

16. Warm chain

17. Initial examination of the newborn at birth

18. Care of the newborn in the two hours after delivery

19. Newborn resuscitation: bag and mask ventilation

20. Newborn resuscitation: chest compressions

Head of studies Luminița Mihălcean